



T.E.A.M. CBT Intensive Workshop

August 13-17 at Wills Hall, Bristol

Join us for this exciting opportunity to be part of the first ever TEAM-CBT workshop in the U.K. Developed by Dr David Burns, a pioneer in the field of cognitive behavioural therapy, TEAM-CBT is an evidence-based framework which makes rapid recovery possible and has transformed the practice of thousands of therapists around the world.



David Burns
Creator of TEAM-CBT
(joining us online)



Rhonda Barovsky
Founder of the Feeling Great
Therapy Center, USA



Mike Christensen
Director of the Feeling
Good Institute, Canada



Leigh Harrington
Founding member of the
Feeling Good Institute, USA



Dipti Joshi
Founder of Feeling Good
India and international
TEAM-CBT trainer



Mariusz Wirga
Medical Director of the
Psychosocial Oncology
program at MTCL, California

We are thrilled to be welcoming these internationally renowned trainers, alongside experienced TEAM-CBT therapists from the UK, to teach the elements of this innovative approach.

For more information, visit teamcbt.uk